

2023 PROGRAM CATALOG



Global
Leadership
Adventures





OUR MISSION

is to inspire the next generation to realize their potential to transform the world and their role in it.



We believe in the power of mindful travel as a transformative experience in the lives of our young people. GLA programs offer more than just an incredible experience in a new place, but provide the depth and breadth of content, opportunity and thoughtful curricula to ignite a spark in students to move forward into the world as mindful citizens.



Welcome to all future teen travelers!

On behalf of the entire Global Leadership Adventures team, I am thrilled to announce our exceptional portfolio of 2023 program offerings.

Whether you're traveling during spring break or summer, or choosing a new program or a returning favorite, you are sure to find your next adventure as you browse through our 2023 Program Catalog.

This past summer, most of our sessions were full or waitlisted, and with expectations for travel to break even more records this coming summer, there has never been a better time to enroll early and save your spot before waitlists begin to form.

Choose from destinations spanning the globe, across Africa, Asia & the Pacific, Europe and the Americas. And find a program theme that matches your interests, whether it be in Public Health & Medicine, Environmental Conservation or one of our other memorable focus areas.

At GLA, *community service, leadership development and adventure* are at the heart of each and every one of our programs. So whether you're giving back to your host community in a meaningful way, discovering your own personal leadership style, or having the adventure of a lifetime, you and your new friends will certainly have a life-changing experience this spring or summer.

Come and make a difference with us, experience what sets GLA apart and change your own life in the process. I promise you won't regret taking the leap!

A handwritten signature in black ink that reads "Jessica Rose Miller".

Jessica Rose Miller
Executive Director

P.S. I have a special message for the parents of our future teen travelers. As your teenager gets ready to forge their own path in this world, GLA is here to help them become a leader, no matter what path they take. At Global Leadership Adventures, we believe there is more than one way to be a leader. So whether the teen in your family is a bold trailblazer, or an introvert with a unique perspective to share with the world, a service-learning program can be that first big step in shaping their own vision for the future, all with the guidance of experienced GLA Mentors.

As a fellow parent, I know it can be difficult to let your child travel without you. But we're here for your teen every step of the way, and I can personally attest the profound positive impact an experience like this can have on a young traveler. As a parent, you are also a member of the GLA family once your student enrolls, and we'll keep you apprised of their adventure every step of the way! Give us a call anytime and we'll walk you through the ropes of the GLA experience.

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ABOUT GLA



Our story begins with GLA Founder Fred Swaniker in 2003. Fred, a Ghana native, TED fellow and entrepreneur from Stanford University, envisioned a high school designed to develop Africa's future leaders regardless of the student's income or background. Fred believed that the key to success was not leading young people along a set path, but allowing them to define their own path.

After joining forces with Chris Bradford and Peter Mombaur, Fred's former classmate and mentor, Fred's vision was brought to life with the establishment of the African Leadership Academy, a revolutionary pan-African, non-profit high school in Johannesburg. ALA's success was immediate and profound. When surrounded by a diverse group of peers and immersed in leadership development, students began to truly believe they held the power to change the world around them.

As a way to expand the reach of ALA's successful curriculum, Fred, Chris and Peter created a summer program, this time welcoming students from around the world and planting the seeds for Global Leadership Adventures.

Global Leadership Adventures grew into a global team in 2006 with the expertise of Andrew Motiwalla, who joined the team as a Returned Peace Corps Volunteer, with a background in operating global service-learning projects and developing experiential education programs. Values central to the Corps – immersive experience, sustainability and working side-by-side with local communities – were infused into GLA's program design early on and continue to be building blocks for the dozens of programs our organization operates worldwide.

Since its founding in 2004, Global Leadership Adventures has enrolled more than 25,000 teens globally and helped them develop into young leaders. Many alumni have gone on to attend the top universities in the United States and around the world, found international nonprofit organizations inspired by their GLA service project, and shape their future careers as doctors, engineers, entrepreneurs and beyond.

Fred Swaniker was honored as a pioneer by Time in its annual list of 100 Most Influential People of 2019. This was in recognition for his continued work with ALA, alongside the foundation of the African Leadership University and the African Leadership Network.

HOW TO USE THIS PROGRAM CATALOG

Our 2023 catalog is digitized, mobile-friendly, and highly interactive. Click through the Table of Contents to navigate directly to your program of choice, and easily request program itineraries or view more information on our website with the click of a button.

Near the front of the catalog, you will find sections on what we like to call “**The GLA Difference.**” Here, you can learn more about our 5-Point Safety System, our proprietary leadership curriculum, our various lodging types, and more about what your Global Leadership Adventures experience will look like.




Following the introductory pages, you will find a **Sample Itinerary**. The sample itinerary included in this catalog, which reflects the Costa Rica: Sea Turtle Initiative program, is a detailed infosheet with in-depth information on the experience, as well as sample day-to-day activities that will closely reflect what you can expect on the program. You can request a copy of a sample itinerary for any program listed in the catalog.

Travel program listings, sorted by region of the world, allow you to browse every GLA program available for Spring Break and Summer 2023.

Under each program listing you will find:

- Program highlights
- Program theme
- Tuition, duration, age range, service hours and lodging type
- Button to visit the website program page to view session dates and more
- Button to request a sample itinerary for this program

At the back of the catalog, you'll find instructions on how to enroll in a program on our website. You can also call us anytime during office hours for help enrolling at **(858) 771-0645**.

Throughout this catalog, you will see some of our program sessions marked with a flag . These are our **21-Day Flagship Programs**. GLA participants have reported that our Flagship Programs offer the optimal amount of time to develop friendships with locals and their peers, to make a more significant impact on the community and to fully immerse themselves in the culture. Our Flagship Programs provide more weekend excursions, volunteer service opportunities and leadership training than are available on our shorter programs.

THE GLA DIFFERENCE

Why Choose GLA?

We Have International Travel Programs

Get ready to step out of your comfort zone and travel to Africa, Asia, Latin America or Europe. Through the vehicle of community service, you are given a strong sense of purpose to your global travel. You will get to know local residents, meet with local leaders and contribute to a meaningful community-led service project. Through this service-learning methodology, you may complete your program with an in-depth understanding of your host country as well as your community of residence, and the global issues they face. Get ready for a one-of-a-kind overseas adventure!



We Have Travel Programs in Alaska, Hawaii and Utah

Be prepared for the abundance of opportunities for discovery awaiting you within the United States. From the islands of Hawaii to the far reaches of Alaska's great northern frontier, there are no other destinations in the USA that are quite as off the beaten path. If you are searching for a travel and immersion experience in the States, our USA travel programs are excellent options to consider. Iconic views, historical sites and cultural immersion are all on the agenda. You will also participate in a meaningful community service project during the duration of your program.

We Back Up Our Programs with "The GLA Difference"

- Leadership & Intentional Program Design
- Local Partners
- Expert Staff
- Full-Service Parent Support
- 5-Point Safety System™
- Home Base Lodging



We also have virtual internships available! To learn more about these online programs, check out page 60.



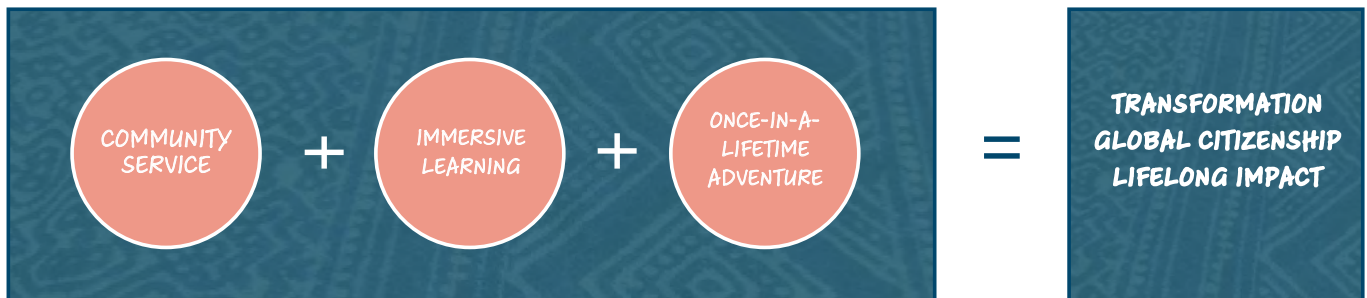
LEADERSHIP & INTENTIONAL PROGRAM DESIGN

GLA travel programs create ambitious, ethical leaders.

At GLA, we believe leaders are made, not born: leadership is a life skill that can, and should, be developed. Leadership is woven throughout all elements of the program.

From role play style to exploration to getting students out of their comfort zone and into leadership roles within the group, GLA intentionally weaves this approach into the daily experience on our travel programs.

Every site visit, cultural workshop and community service project is an opportunity to put these leadership skills into action. Our holistic approach to leadership and learning creates a lifelong impact for students.



We encourage students to recognize that we all have the power to be incredible forces for good, and we give students permission to exercise their leadership potential intelligently and compassionately. We believe that framing the program experience and various daily activities around leadership helps create personal development and growth opportunities for students to dig deep into their vision and purpose, as well as their knowledge of themselves and the wider world.



Leadership Curriculum & Philosophy

A principal focus at GLA is personal growth and leadership - it's in our name, after all! At Global Leadership Adventures, it is our founding principle that leaders are made and not born. We believe leadership isn't something exclusive to Type A personalities or extroverts; quiet types and introverts can be leaders, too. Leadership is a skill that can be learned and refined.

Our young leaders-in-training will work with their Mentors and peers to hone their own unique leadership style.

Leadership is embedded in all of our programs, across all spectrums, to inspire students to continue to "be the change they wish to see in the world."

The GLA Leadership Curriculum™ is designed to engage students on all levels and is tailored to each unique group. The curriculum utilizes critically reflective journaling and intentional Mentor-facilitated discussion to help students digest and process daily experiences through the lens of leadership.

We celebrate examples of outstanding leaders we encounter in the community. Guest speakers bring concepts to life and demonstrate the full spectrum of leadership styles and approaches.



Learn to Lead “The GLA Way”

The GLA Leadership Curriculum™ consists of the following five branches that are brought to life on every program through engaging discussions, role plays and interactive activities tailored to each program.



Testimonials on Leadership

*"I hoped my daughter would experience a new culture, gain experience and an understanding of global challenges. **The experience most notably enhanced my daughter's leadership abilities.** Yes, I believe my daughter's experiences with GLA opened her heart and mind. My student was intellectually and emotionally energized by her experience traveling with GLA and support from the sensitive program leaders and mentors. Her experiences with GLA fostered a passion for exploring, helping and becoming immersed in other cultures."*

Julia K, mother of GLA alumna

*"I didn't really know what to expect when going on my GLA trip. But I came back much more motivated and excited than when I had left. That's what is special about the GLA program. You experience social, environmental and economic problems firsthand, and **return enlightened with a sense of empowerment** for how to address issues back home."*

Oliver O, GLA alumnus



*"This trip was my daughter's idea. She wanted to gain a better perspective of how others live. I thought it would give her a better appreciation of what she has. **The trip gave her so much more.** She now looks for community service opportunities in our area to get involved in. It has also helped shape what she wants to go to college for. I could not recommend this program more highly. There is no price tag to put on what she has learned."*

Violet K, mother of GLA alumna

*"For so long I thought my life's ambition was in film. But after my service trip with GLA, I realized it was in the environment and human rights. **There is no gift like the gift of an epiphany.** While there I saw things I had never seen before. When I came home, I was excited to change lives in my own community. Seeing how good I have it really propelled me to ensure others have the same opportunities as me."*

Gabrielle S, GLA alumnus

GLA is a Gold Verified provider of overseas travel and service programs for teens on Go Overseas!

With an average rating of 4.95 out of 5, from across 314 independently submitted reviews, Global Leadership Adventures is proud of our best-in-class feedback from our alumni community of young leaders and their parents.

To read more reviews, check out our profile at [GoOverseas.com](https://www.GoOverseas.com) by clicking here.

LOCAL PARTNERS

Partnerships pave the path to sustainable development.

At GLA, we recognize that working with local partners is a fundamental part of sustainable development, effective community service and responsible travel. Our partners help to bring the community's local culture to life, providing the critical context only a resident could provide, and granting our students locals-only access to off-the-beaten-path experiences.

Partnerships help deliver authentic experiences.

GLA's local partners also play a much larger role than simply being a piece of our program design. They are a core part of our global family, and many have been working with us for years. Students interact with and learn from partners, who range from founders of NGOs to small business owners, local educators, host families and area experts. Whether in remote or city destinations, based relatively close to home or in the far reaches of the farthest continents, our partners provide unique experiences that we could not access on our own.



Our local partners are the key to making our programs as immersive and authentic as possible. Whether they're hosting students overseas or in the United States, our local partners know the communities in which we operate inside and out.



EXPERT STAFF

GLA's program staff are more than chaperones or camp counselors.

They're passionate educators and teen experts. GLA works hard to hire knowledgeable, responsible, accomplished and FUN individuals; we know that having the right Program Directors and Mentors makes all the difference in creating a comfortable, safe and inclusive learning environment for teens.

Students are led by Program Directors and Mentors.

They have in-depth professional experience working experientially with youth and hold college or graduate degrees. They are confident travelers with certifications for the locations and activities they will oversee. More than half of our staff return each season to work with GLA again. Some program staff have even served in the Peace Corps! Others bring experiences studying at renowned educational institutions or working in influential global organizations. Whatever their background, they bring these skills and experiences to the table on behalf of our students, and are particularly adept at facilitating cross-cultural exchange. Our staff elevate a program from a mere trip to an unforgettable, life-changing journey.



Our program staff are more than just supervision for our students! They have years of experience working with teens in destinations around the globe. Our staff help to connect the dots of the student's experience to their personal leadership style.





FULL-SERVICE PARENT SUPPORT

We understand it can be challenging to leave your child in the care of others, whether they're a teen or young adult. So we take equal care in providing superior support to every parent before, during and after the program.

Full Pre-Departure Support

Once you've enrolled in one of our programs, the GLA team is at your disposal to provide full support for all your preparations:

- Where and how to book a flight
- Recommended routes so that GLA students can opt to travel together
- Understanding the passport and visa application process (for international travel programs)
- Full access to the online GLA Travel Portal: connect with other families who have students on your program, and have all pre-departure information at your fingertips

In-Country Support and Updates

During the program, we are your direct link, 24 hours a day:

- We provide a 24-hour emergency hotline when programs are running
- All students are required to call home upon arrival at their destination
- Our team will make you aware of any emergencies or major schedule changes
- We are able to relay urgent messages between students and parents via on-site staff
- We provide evacuation and secondary medical insurance during the program for all students traveling internationally outside the U.S.
- We periodically update program blogs with photos and accounts of student experiences in action



Post-Program Follow-Up

After the program, our staff follows up with every family to:

- Hear your feedback on the program and level of parent support provided
- Ensure we've provided the best possible service to you and your family
- Discuss continued alumni engagement and opportunities



5-POINT SAFETY SYSTEM™

Safety is our first priority. While we believe in the transformative power of stepping outside comfort zones, we remain invested in managing the risks of doing so. We've carefully crafted and continue to enforce our **5-Point Safety System™**, a set of rigorous standards that support the safety, health and well-being of students on every program.

GLA Home Base: Safe & Secure Lodging

Utmost care is taken to provide safe and secure lodging. Accommodations vary based on location, but all include exclusive spaces reserved for GLA students and staff. It's our home away from home, a place to relax, the gathering place for meals and sanctuary for reflection, team building and leadership after active days. For a description of Home Base types, see the following page. *See page 17 for more details on Home Base types.*

Caring Supervision & Expert Local Knowledge

GLA policy is for no student to ever be by themselves at any point in time outside the established Home Base. Students may be with staff members, in groups or assigned to a buddy. Our average student-to-staff ratio on our travel programs is a maximum 6:1. Our local partners and on-site staff have intimate knowledge of the host community and region, are familiar with the area's medical facilities and are uniquely equipped to handle itinerary adjustments and emergencies.



Safe Transportation

From the moment students arrive, they are greeted by GLA staff and transported to Home Base in approved transportation by experienced and licensed drivers. In the case of a flight delay, staff will wait for their arrival or return to collect the student at the updated arrival time. Transportation between Home Base(s) and activities is always in GLA-approved vehicles or via the mode of transport most appropriate for each specific location. For example, in Europe or the United States, students may take public transport

such as commuter buses or trains in small groups supervised by a staff member; in other countries and regions where public transport is not as reliable, we will use GLA-approved vehicles such as buses or vans. In some cases, a taxi or rideshare may be used, but only with staff in accompaniment.

Healthy Meals & Pure Water

Meals are prepared fresh daily by Home Base staff or vetted restaurants, and include a healthy mix of grains, protein, fruit and vegetables. Students will enjoy a mix of local cuisine and common staples.

24/7 Support & Emergency Response

GLA provides 24/7 support and a hotline while programs are in session. While incredibly rare in occurrence, GLA has a plan in place for all types of emergencies and situations that could arise. We proactively manage risk by identifying proper health and support facilities within the vicinity of our programs. We provide secondary medical and evacuation insurance to all students traveling internationally outside the United States, and professional medical support is also available to our teams 24/7 should specialized guidance be needed.



HOME BASE LODGING

Safety is our top priority, and we provide lodging that's out of the ordinary.

On a GLA adventure, you might stay in a zen-like ecolodge tucked away in the lush Caribbean jungle, a traditional Lapa, or dorm-style rooms in a classic campus setting. In this catalog, each program page will indicate a general idea of the type of lodging you can expect to experience.

Many programs include an overnight stay away from the main Home Base or split time between two or more Home Base locations.



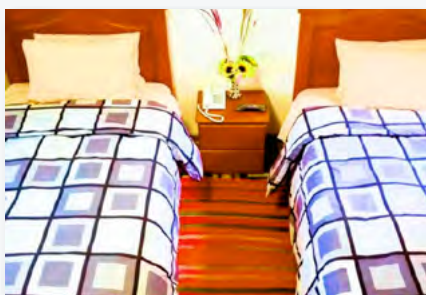
EXCLUSIVE HOTEL BLOCK

These may resemble Western hotels back home, with multiple stories and a reception desk at the entrance, or smaller, locally-owned properties where we stay in an exclusive floor or wing.



RUSTIC VILLAS

Detached, well-appointed structures that offer comfortable living with plenty of open space, amenities and landscaping. The group has access to shared eating areas and common space.



COZY GUESTHOUSE

Modest, unique properties in a cozy setting where students may interact with their host, eat together and share common areas.



ENCLOSED COMPOUND

Several buildings in a gated enclosure, often including detached guest quarters, a separate kitchen, dining area, multi-purpose facilities and host residences in an intimate space.



TRADITIONAL BUNGALOWS

Detached structures, often featuring open-air construction and in remote locations close to nature and the local culture.



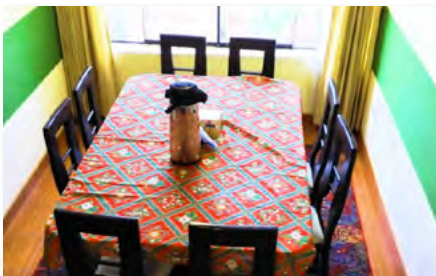
ECOLOGDE

Remote residences located in natural environments, with hosts who place an emphasis on environmental responsibility and harmony with local flora and fauna.



DORM-STYLE

Classic university-style dorm rooms on a college-like campus, with variations depending on the location. May feature bunk beds, common spaces and shared amenities.



BED & BREAKFAST

Home-like, quaint accommodations with a cozy atmosphere, with comfy beds and inviting common spaces.



CAMPING

Sleep overnight in tents, possibly changing locations depending on your itinerary. Expect sleeping bags, campfires, simple campsite amenities and ample time outdoors.

SAMPLE GLA PROGRAM ITINERARY

Download sample program itineraries for all of our programs at experiencegla.com



COSTA RICA: Sea Turtle Initiative™

Become a conservationist for Costa Rica's sea turtles as you explore the unspoiled coast.

OVERVIEW

On this program you will learn about many of the threats sea turtles face: boat traffic, climate change, accidental catch by industrial fisheries and pollution in their habitats. The population has declined by 90% since 1980. You'll live and work on the rural Caribbean coast, assisting a turtle conservation organization with critical efforts to preserve the natural areas where this endangered species lives. Ensuring that the turtle population will thrive for generations depends largely on our ability to educate the local community and protect the places where turtles nest. With the right timing and luck, you might be rewarded with the sight of turtles hatching.

10-DAY PROGRAM

June 11 - June 20, 2023
June 24 - July 03, 2023
July 07 - July 16, 2023
July 29 - July 29, 2023
August 02 - August 11, 2023

Tuition: \$2,999
Service Hours: 20
Language Hours: 0
Max Group Size: 24
Age Range: 14-18
Student-to-Staff Ratio: 6-to-1
Airport: SJO

HIGHLIGHTS

- ★ Protect an endangered sea turtle nesting beach
- ★ Assist with night patrols and visit a turtle nursery
- ★ Soar through the rainforest canopy on a zipline adventure
- ★ Go whitewater rafting on the Pacuare River (rated one of the top rivers in the world)
- ★ Explore a small beach town and the local artisans market

SPOTLIGHT ON COMMUNITY SERVICE

Each year, leatherback and green turtles come to Costa Rica's beaches to lay their eggs. Poachers steal the turtles and their eggs to sell in underground markets for profit. Although this practice is illegal in Costa Rica it is hard to enforce without the help of the local community's participation. You'll be assisting on night patrols with a local nonprofit and anti-poaching organization. Prepare yourself for long walks on the beach guided by the moonlight searching for turtle tracks and nesting turtles. You'll also participate in beach cleanups, survey nesting sites and raise community awareness.

SAMPLE ITINERARY: DAILY BREAKDOWN

Actual schedule of activities will vary by program session. The information detailed here is typical for what you can expect to experience; however, service work and activities vary depending upon the needs of our local community partners, various celebrations and customs, as well as the weather and specific needs of the student group.

DAY 1: GETTING ORIENTED

Fly into San José, where GLA staff will be there to greet you! We'll drive to the city of Alajuela, only a short distance away, where our group will meet and spend our first night in Costa Rica.

DAY 2: ALAJUELA TO HOME BASE

Alajuela to Home Base: The second morning, get ready to depart Alajuela for a 6-hour drive to Home Base in Parismina, a peaceful village located on the Caribbean coast of Costa Rica. Parismina is quite remote, accessible only by boat or plane, so we'll be taking to the waters at the end of our journey to finally reach Home Base. The beach is known for being the prime location for four species of sea turtles to nest. Upon arrival at Home Base, we'll get a warm welcome from local staff and settle down into our rooms.

DAY 3: FIRST NIGHT PATROL!

Get excited for your first night patrol! In the morning we'll have an eye-opening orientation and talk on turtle conservation, given by our local partner VerdiAzul, a community-based conservation organization dedicated to protecting sea turtles and the environment.

In the evening, we'll split into small groups and begin to walk the beach, careful to not disturb nesting turtles. In the event of encountering a nesting turtle, we'll guard the surroundings and collect eggs for safekeeping at the hatchery, where they'll undergo their natural development cycle.

Please note: Sea turtle nesting on the beaches of Costa Rica is a natural phenomenon that occurs annually throughout the spring and summer months. While every opportunity is given to maximize the chances for GLA students to witness this phenomenon in person, we unfortunately cannot control or predict the exact time a turtle will emerge to nest, and therefore we cannot guarantee that students on any specific session will see a turtle in person. However, the service work students do on this program has a direct and lasting impact on local sea turtle conservation efforts.



DAY 4: ORGANIC FARM VISIT

We'll visit an organic farm and learn the way of life for cacao and sugarcane farmers, and we'll get to sample from the fruit trees of the season. We'll also participate in beach cleanups near Home Base. Keeping the beaches primed for turtle nesting is crucial to preserving their natural cycles.

In the evening, split into small groups and begin to walk the beach, careful to not disturb nesting turtles. In the event of encountering a nesting turtle, guard the surroundings and collect eggs for safekeeping at the hatchery, where they'll undergo their natural development cycle out of harm's way.



DAY 5: WHITEWATER RAFTING & SECOND NIGHT PATROL

Today we will raft in one of the top rivers for whitewater rafting. We'll make and post signs that notify the public of protected nesting areas before beginning another night of patrolling the beach with local volunteers.



DAY 6: COMMUNITY SERVICE: BEACH CLEANUP

In addition to our work with the sea turtles, we'll have time to interact with the community and experience the unique culture on this coast of the Caribbean. We'll play a pickup game or two with the locals, and then do a second round of beach cleanup to maintain the turtle nesting areas.



DAY 7: VISIT A LOCAL SCHOOL

One of the ways the staff and founders of ASTOP, our community service partner, find effective for inspiring the community to eradicate poaching is to speak at schools. We'll visit a local school and talk to the young students about what ASTOP and our first two patrol experiences have taught us: the importance of preserving natural habitats, respecting wildlife and pursuing a viable alternative economy to poaching in the village. In the evening, we'll take a fun dance class at Home Base and then begin our third evening of night patrol, corralling as many eggs into the guarded hatchery as we can.



DAY 8: SERVICE & CULTURE

After our final night of patrolling, we'll have a welcome rest day. Take a boat tour in the mangroves and try to spot Costa Rican wildlife! At Home Base, we'll have a cooking class, learning from our local hosts to make some of the delicious specialties of Caribbean cuisine. We'll give one last effort to clean the beach, preparing it for safe turtle nesting.



DAY 9: ZIPLINE ADVENTURE

Get ready to depart Home Base for Alajuela. On the way, we'll stop to go on a beautiful zipline tour of Costa Rica's lush, unspoiled forests in Braulio Carrillo National Park. We'll spend this final night in Alajuela before departure.

DAY 10: DEPARTURE

It's time to say goodbye—or hopefully, see you later!—to our new friends and to Costa Rica. At the San José airport, the GLA team will help you check in for your flight and see you off on your return flight home.

PROGRAM THEMES

Program themes provide students like you an opportunity to deep-dive a topic of interest, which may relate to your future career path, area of study, or personal passion and curiosity.

For some students, the theme is a clear indicator of your program preference and guides you to your first choice program. For others, it is simply a tool to help you refine the kind of program experience you hope to have.

Our program themes are a means for self-discovery and meeting core learning objectives. They may affect the kind of community service projects you participate in, immersive learning components you take part in, or the kinds of guided group discussions that are initiated by your Mentor.



COMMUNITY DEVELOPMENT

Work on projects that directly impact local children and other members of the community - from school infrastructure to playground restoration to recreational space refurbishment, you'll help create safe, shared spaces for community members of all ages to play and learn.



PUBLIC HEALTH & MEDICINE

Learn what health and healthcare look like abroad in underserved communities. This could mean preventative community education or hygiene advocacy, shadowing medical students, assisting in pop-up clinics, collecting diagnostic information or learning from medical professionals.



CHILDREN & EDUCATION

Tutor and provide education to children at school and outside the classroom. Be a friend and role model to the youngest generation. Leave a lasting impact on the community through infrastructure improvements at local schools.



ENVIRONMENTAL STEWARDSHIP

Be a steward for the environment by participating in projects to promote sustainable practices like reducing, reusing and recycling. Do hands-on work to help preserve the natural world and the communities who depend on its protection.



ANIMAL & WILDLIFE CONSERVATION

Observe and protect animals in their natural habitats, national parks, or shelters. Take care of the environment that supports animals by working on projects to clear invasive species, collaborate with experts, and spend time up-close and personal.



LANGUAGE IMMERSION

Learn the language of your host country through local immersion and mentored study. Take classes that improve your Spanish, no matter your skill level. Use your new language skills to get to know locals in your host community.



SOCIAL JUSTICE

Advocate for equality, opportunity and equitable access for all. Learn how people who face systemic racism or economic oppression in the United States face these challenges, whether they're refugees, living in poverty or part of a minority group. And meet with local leaders dedicated to improving the lives of those in underserved or marginalized communities.



GLOBAL SEMINAR

Facilitate discussions on relevant topics with your peers, and engage in friendly debates on critical issues of the day. Leadership and learning are cornerstones of the Global Seminar, whether you're meeting with local leaders, collaborating on projects, taking part in workshops or traveling to institutions of social or cultural significance.



DESTINATIONS

UNITED STATES



CARIBBEAN



CENTRAL AMERICA



SOUTH AMERICA



EUROPE



ASIA & THE PACIFIC



AFRICA





CENTRAL AMERICA

From volcanic mountaintops to lush cloud forests and bountiful coastlines, Central America is so much more than a land bridge connecting North and South America. Be greeted by a treasure trove of the world's wildlife in the heart of the Americas, and discover the abundant cultural heritage in this rich landscape the welcoming locals call home.

GUATEMALA

BELIZE

COSTA RICA



CENTRAL AMERICA



PROGRAM SPOTLIGHT



COSTA RICA: MARINE CONSERVATION & SEA TURTLE EXPEDITION™

Animal & Wildlife Conservation

📅 14 & 21-DAY PROGRAM

📷 TUITION: \$4,499–\$5,999

🕒 SERVICE HOURS: 35–50

🏠 MULTIPLE



You will experience a variety of world-renowned beaches and national parks of Costa Rica throughout this program. Depending on whether you choose the 14-day or 21-day session, two or three small coastal communities will become your home away from home. As you travel the Pacific coastline during your expedition, you will contribute to conservation projects addressing climate change and learn to be environmental stewards. On the Nicoya Peninsula, spend a week learning about sea turtle conservation and supporting other wildlife native to the area. Then head south and explore world-famous Manuel Antonio National Park, while continuing your environmental service projects along the coast.



Lend a hand on a variety of meaningful community service projects to support marine conservation along the Pacific coast. Wildlife and habitat conservation will be the cornerstones of your efforts.



Become a steward of the oceans and an advocate for planetary health. Learn about blue zones, the connection between environmental and community health, and more.



Adventure is at the heart of this program! Designed for the nature adventure seeker and beach lover. Go ziplining and experience both a Costa Rican cooking class and dance class.



ANIMAL RESCUE PROJECT™

Animal & Wildlife Conservation

Rescue and rehabilitate animals in Costa Rica, a natural haven for both domestic and wild creatures.

Program Highlights

- Get hands-on veterinary experience volunteering alongside veterinarians
- Help care for dogs and cats at a rescue center
- Learn about Costa Rica's animal rescue and wildlife conservation efforts
- Zipline and hike through lush valleys
- Take a dip in hot springs known for healing properties
- Caren down the river on a whitewater rafting adventure (21-Day Flagship Program only)

14 & 21 Days

Ages 14-18

Exclusive Hotel Block

21-Day Program

\$5,999

45 service hours

14-Day Program

\$4,399

35 service hours

[View Web Page & Dates](#)

[Request Sample Itinerary](#)



BEACHSIDE SERVICE ADVENTURE

Community Development

Experience Pura Vida - "the pure life" - while giving back to the rural beach community you'll call home during your stay.

Program Highlights

- Live in a coastal village near a beautiful beach
- Volunteer on educational or environmental development projects
- Go tubing down the Rio Negro
- Engage with locals and practice your Spanish around town
- Zipline through the forest
- Enjoy the ocean via catamaran and snorkel among marine life

10 Days

Ages 14-18

Ecolodge

\$2,799

20 service hours

[View Web Page & Dates](#)

[Request Sample Itinerary](#)



MARINE CONSERVATION & SEA TURTLE EXPEDITION™

Animal & Wildlife Conservation | Environmental Stewardship

Journey down Costa Rica's unforgettable Pacific coast as you explore and protect sea turtle habitats and nesting grounds.

Program Highlights

- Explore the Pacific coast and enjoy ample beach time
- Support a sustainable sea turtle hatchery
- Go bioluminescence boating
- Zipline through the forest
- Live in multiple beach communities along the Pacific
- Collaborate with ocean stewards in the Osa Peninsula as you support reforestation, seed planting and local campaigns to protect our oceans (21-Day Flagship Program only)

14 & 21 Days
 Ages 14-18
 Multiple

21-Day Program
 \$5,999
 50 service hours

14-Day Program
 \$4,499
 35 service hours

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[Request Sample Itinerary](#)



SEA TURTLE INITIATIVE™

Animal & Wildlife Conservation

Become a conservationist for Costa Rica's sea turtles as you explore the unspoiled Caribbean coast.

Program Highlights

- Protect an endangered sea turtle nesting beach
- Assist with night patrols and visit a turtle nursery
- Soar through the rainforest canopy on a zipline adventure
- Go on an whitewater rafting expedition down the Pacuare River
- Explore a small beach town and the local artisans market

10 Days
 Ages 14 -18
 Ecolodge
 \$2,999
 20 service hours

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[Request Sample Itinerary](#)



SPANISH SERVICE ADVENTURE

Language Immersion

Spanish immersion, volunteering and adventure combine to create a limitless learning environment.

Program Highlights

- Take your Spanish to the next level through a structured immersion program and practice with native speakers in an encouraging community
- See wildlife in Marino Ballena National Park
- Learn the importance of sustainable development for Costa Rica's future
- Surf Costa Rica's world-renowned beaches
- Go on an exhilarating whitewater rafting adventure down Rio Orosi (21-Day Flagship Program only)

- 📅 14 & 21 Days
- 👤 Ages 14-18
- 🏠 Cozy Guesthouse & Exclusive Hotel Block
- 📅 21-Day Program
- 📺 \$5,499
- 🕒 48 service hours
- 🗨️ 35 language hours
- 📅 14-Day Program
- 📺 \$4,199
- 🕒 28 service hours
- 🗨️ 25 language hours

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[Request Sample Itinerary](#)



SURF, SPORTS & SUSTAINABILITY

Environmental Stewardship

Immerse yourself in rich biodiversity as you become a steward of marine conservation, community action and sustainability.

Program Highlights

- Stay active by surfing and playing pick-up sports
- Volunteer on mangrove restoration projects
- Hike to breathtaking waterfalls and relax in thermal hot springs
- Volunteer on sports infrastructure projects at rural schools & athletic fields
- Zipline through the forest canopy
- Snorkel amongst diverse marine life

- 📅 14 Days
- 👤 Ages 14-18
- 🏠 Ec lodge
- 📺 \$4,599
- 🕒 30 service hours

[View Web Page & Dates](#)

[Request Sample Itinerary](#)



THE INITIATIVE FOR CHILDREN™

Children & Education

Make an impact on the next generation through community development and English education

Program Highlights

- Volunteer on infrastructure projects at rural schools and teach English to local schoolchildren
- Discuss critical community issues
- Experience Costa Rica's rainforest canopy on a zipline and on a hike to a waterfall
- Go river tubing on Rio Arenal near the volcano and relax in hot springs
- Enjoy a whitewater rafting adventure, and go on an overnight excursion to the beach for a catamaran ride and snorkeling (21-Day Flagship Program only)

14 & 21 Days
 Ages 14-18
 Ecolodge

14-Day Program
 \$3,999
 36 service hours

21-Day Program
 \$5,299
 52 service hours

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[Request Sample Itinerary](#)



SPRING BREAK SERVICE ADVENTURE

Community Development OR Animal and Wildlife Conservation

Experience the culture and "pura vida" of Costa Rica while giving back to the rural beach community you'll call home during your stay.

Program Highlights

- Live in a coastal village near a beautiful beach
- Volunteer on sea turtle preservation projects or community development infrastructure
- Go tubing down the Rio Negro
- Engage with locals and practice your Spanish around town
- Zipline through the forest canopy
- Enjoy the ocean via catamaran and snorkel among marine life

7 Days
 Ages 14-18
 Ecolodge
 2,599
 16 service hours

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[Request Sample Itinerary](#)



COSTA RICA: MIDDLE SCHOOL SERVICE ADVENTURE

Community Development & Children or Animal & Wildlife Conservation

Choose your own adventure: Work with local schools on projects that support Costa Rican children or help to protect the country's incredible wildlife.

Program Highlights

- Zipline through the beautiful landscapes of Costa Rica
- Spot birds, reptiles, and other animals in the country's Central Valley
- Take a traditional Costa Rican cooking class
- Go on a chocolate tour guided by a local chocolate expert
- Enjoy a day at one of Costa Rica's picturesque beaches

- 📅 10 Days
- 👤 Ages 13-14
- 🏠 Exclusive Hotel Block
- 🏷️ \$3,999
- 🕒 20 service hours

[View Web Page & Dates](#)

[Request Sample Itinerary](#)



BELIZE: MANATEE & MARINE CONSERVATION EXPEDITION™

Animal & Wildlife Conservation

Engage in conservation and community development work to protect manatees and marine life.

Program Highlights

- Monitor the Corozal Bay Wildlife Sanctuary alongside experts to protect the resident manatee population
- Restore mangroves, identify and track native wildlife and educate local students
- Embark on a boat to Bacalar Chico Marine Reserve
- Snorkel in turquoise waters
- River tube and zipline through Belize's lush rainforest
- See rescued manatees and meet the scientists working to rehabilitate them

- 📅 14 Days
- 👤 Ages 14-18
- 🏠 Exclusive Hotel Block
- 🏷️ \$4,599
- 🕒 30 service hours

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GUATEMALA: CHILDREN OF THE MAYA™

Children & Education

Immerse yourself in indigenous culture, colorful Maya heritage and mountainous landscape. You'll find warm local residents who are proud to share their ancient traditions.

Program Highlights

- Support education initiatives at a Maya school
- Journey across the expansive and sacred Lake Atitlán
- Attend a ceremony with a Maya shaman
- Explore ancient archaeological ruins
- Shop at the largest indigenous craft market in the hemisphere
- Zipline through the mountains of Guatemala

- 📅 14 Days
- 👤 Ages 14-18
- 🏠 Enclosed Compound
- 💰 \$3,899
- 🕒 30 service hours

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Check out more photos and videos of GLA programs in action on social media:





CARIBBEAN

Surrounded by the shallow aquamarine waters of a vast tropical sea, spectacular islands and cultural treasures await. From expansive seagrass meadows to rainforest canopies, the tradewinds of the Caribbean invite you to stay awhile amongst the crown jewels of the Atlantic.



CARIBBEAN



PROGRAM SPOTLIGHT



DOMINICAN REPUBLIC: GLOBAL HEALTH INITIATIVE™

Public Health & Medicine

📅 14-DAY PROGRAM

💰 TUITION: \$4,399

🕒 SERVICE HOURS: 40

🏠 ECOLOGDE



Calling all aspiring doctors and nurses, future public health professionals or any teen passionate about making a difference! This program is your chance to uncover how public health and poverty are strongly linked, through physical service and shadow-learning. Work on public health projects that prevent disease, and see how initiatives such as providing cement floors, clean water and bathrooms can contribute to locals' long-term health. Shadow medical professionals as they provide pro-bono consultations to patients in at-risk communities. Put your new medical Spanish vocabulary to use as you accompany doctors through various stations such as patient triage, evaluations and pharmacy.



This program is your chance to uncover how public health and poverty are strongly linked. You will volunteer on public health sanitation projects, an inspiring and eye-opening experience.



Gain deep insight on how political, economic and environmental systems each have a role to play in global health. Shadow medical professionals and observe practices for providing health services.



From its endless tropical coastline spotted with palm trees and jungle canopies, to dramatic cliffs hugging white sand beaches, this island is yours to explore.



CARIBBEAN SEA CONSERVATION PROJECT™

Environmental Stewardship

Explore the rich biodiversity of the Dominican Republic as you become a steward and advocate for marine conservation

Program Highlights

- Conserve biodiversity and protect humpback whales' habitat through coral reef and mangrove restoration
- Zipline between treetops among lush forest
- Visit indigenous Taino caves and breeze past mangroves on a high speed boat adventure
- Snorkel in the aquamarine waters and soak in the sun on white sand beaches
- Explore the historical center of Santo Domingo

- 📅 14 Days
- 👤 Ages 14-18
- 🏠 Multiple
- 📺 \$3,799
- 🕒 24 service hours

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GLOBAL HEALTH INITIATIVE™

Public Health & Medicine

Travel to a Caribbean paradise and provide medical, educational, and development support to rural Dominican communities.

Program Highlights

- Gain fieldwork experience that will introduce you to public health and medicine
- Talk with health and medical professionals about health access in rural island communities
- Swim in the natural caves and majestic cenotes of Dudú Lagoon
- Go for a spectacular boat ride and snorkel in the crystal blue seas
- Enjoy your island hideaway at Home Base, just a quick stroll away from a white sand beach

- 📅 14 Days
- 👤 Ages 14-18
- 🏠 Ecolodge
- 📺 \$4,399
- 🕒 40 service hours

[View Web Page & Dates](#)

[Request Sample Itinerary](#)






DOMINICAN REPUBLIC: ISLAND SOCIAL JUSTICE INITIATIVE™

Social Justice

Immerse yourself in Afro-Dominican culture and history through service and adventure.

Program Highlights

- Work to improve the living conditions of Haitian migrants who live and work in rural settlements
- Visit key sites that have contributed to Afro-Dominican history and culture
- Explore caves and marvel at indigenous Taino paintings
- Take a catamaran to a nearby island and snorkel in crystal waters
- Breeze past unique limestone formations and mangrove forests on a highspeed boat adventure (21-Day Flagship Program only)

 14 & 21 Days
 Ages 14-18
 Enclosed Compound

14-Day Program
 \$4,299
 30 service hours
21-Day Program
 \$5,999
 48 service hours

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[Request Sample Itinerary](#)

Check out more photos and videos of GLA programs in action on social media:





SOUTH AMERICA

Epic landscapes and a rich cultural history await on a continent that boasts some of the most biodiversity in the world. Islands, mountains and jungles meet archaeological wonders, ancient cultures, and unique wildlife.

GALAPAGOS



PERU



SOUTH AMERICA



PROGRAM SPOTLIGHT

PERU: SERVICE EXPEDITION IN THE SACRED VALLEY™

Community Development

📅 14-DAY PROGRAM

📷 TUITION: \$4,299

🕒 SERVICE HOURS: 25

🏠 ENCLOSED COMPOUND



Experience Peru's Andean highlands in the ancient Sacred Valley, the heart of the Inca Empire. Go on an epic train ride to Machu Picchu and experience this iconic wonder of the world. Look around more, and you'll learn Peru has areas of need – poverty and economic development issues are common in rural areas. As you work to combat these issues, you'll see that Peru is more than its wild landscapes and ancient arts: The generosity and lively culture of its people are what have truly endured the last several centuries.



You'll focus on supporting Peruvian girls by improving access to education in rural communities.



Spend the afternoon among local artisans at the bustling market. Meet a local healer and take part in a traditional Andean ceremony.



The Sacred Valley surrounding Cuzco is full of incredible topography and archaeological marvels. You'll tour famous ruins and explore Machu Picchu, a UNESCO World Heritage Site.



GALÁPAGOS: PRESERVING NATURE'S WONDERS™

Animals & Wildlife

Encounter different species of exotic island and marine life, many of them found nowhere else on Earth.

Program Highlights

- Restore the habitat of native Galápagos wildlife
- Snorkel with sea lions, turtles and blue-footed boobies nearby
- Straddle the Northern & Southern hemispheres at the Equator line
- Swim, snorkel and hike as you explore majestic islands
- Wander the cobblestone streets of colonial Quito

- 📅 14 Days
- 👤 Ages 14–18
- 🏠 Multiple
- 📺 \$5,399
- 🕒 26 service hours

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[Request Sample Itinerary](#)



PERU: FOUNDATIONS OF GLOBAL HEALTH™

Public Health & Medicine

Volunteer on public health campaigns in rural Quechua communities lacking access to quality healthcare.

Program Highlights

- Gain hands-on healthcare experience in rural Quechua communities
- Explore the cobblestone streets and bustling markets of Cuzco
- Raft through the Andes mountains and hike to the colorful Rainbow Mountain
- Take a train to visit the sacred citadel of Machu Picchu
- Embark on an expedition to the enchanted Humantay Lagoon and swing out over snow-capped peaks (21-Day Flagship Program only)

- 📅 14 & 21 Days
- 👤 Ages 14–18
- 🏠 Hotel Block
- 📅 21-Day Program
- 📺 \$5,899
- 🕒 72 service hours
- 📅 14-Day Program
- 📺 \$4,399
- 🕒 35 service hours

[View Web Page & Dates](#)

[Request Sample Itinerary](#)



SPANISH SERVICE ADVENTURE

Language Immersion

Your language skills will soar where ancient civilization and vibrant modern culture collide.

Program Highlights

- Improve your Spanish through language immersion and classes
- Engage in sustainable agricultural initiatives that support local communities
- Hike through the stunning Sacred Valley to visit Machu Picchu
- Learn about Peru’s traditional agricultural and artisanal practices in a nearby highland Quechua village
- Whitewater raft through the Andes and hike the colorful Rainbow Mountain (21-Day Flagship program only)

- 📅 14 & 21 Days
- 👤 Ages 14–18
- 🏠 Exclusive Hotel Block

- 📅 21-Day Program
- 📺 \$5,499
- 🕒 25 service hours
- 🗨️ 25 language hours

- 📅 14-Day Program
- 📺 \$4,299
- 🕒 40 service hours
- 🗨️ 40 language hours

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SERVICE EXPEDITION IN THE SACRED VALLEY™

Community Development

The ancient Inca Empire is yours to discover while making a difference in the lives of rural youth.

Program Highlights

- Help make quality education more accessible to rural girls through community development projects
- Embark on a two-day expedition to Machu Picchu and camp among snow-capped peaks
- Whitewater raft and zipline through a stunning river valley
- Learn about Peru’s traditional agricultural, artisanal and spiritual practices from friendly locals

- 📅 14 Days
- 👤 Ages 16–18
- 🏠 Enclosed Compound
- 📺 \$4,299
- 🕒 25 service hours

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[Request Sample Itinerary](#)



CHILDREN OF THE ANDES™

Children & Education

Teach, mentor and learn at an urban school in the Andes

Program Highlights

- Embark on a two-day hiking expedition through the stunning Sacred Valley
- Visit key Incan archaeological sites, such as Machu Picchu, Maras, and Moray
- Whitewater raft through a picturesque river valley and hike Rainbow Mountain
- Lead meaningful activities in the classroom for preschool students and engage in infrastructural projects that enhance the school's environment
- Engage with various Quechua communities to learn about daily life

- 📅 21 Days
- 👤 Ages 14-18
- 🏠 Hotel Block
- 📷 \$5,299
- 🕒 45 service hours

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Check out more photos and videos of GLA programs in action on social media:





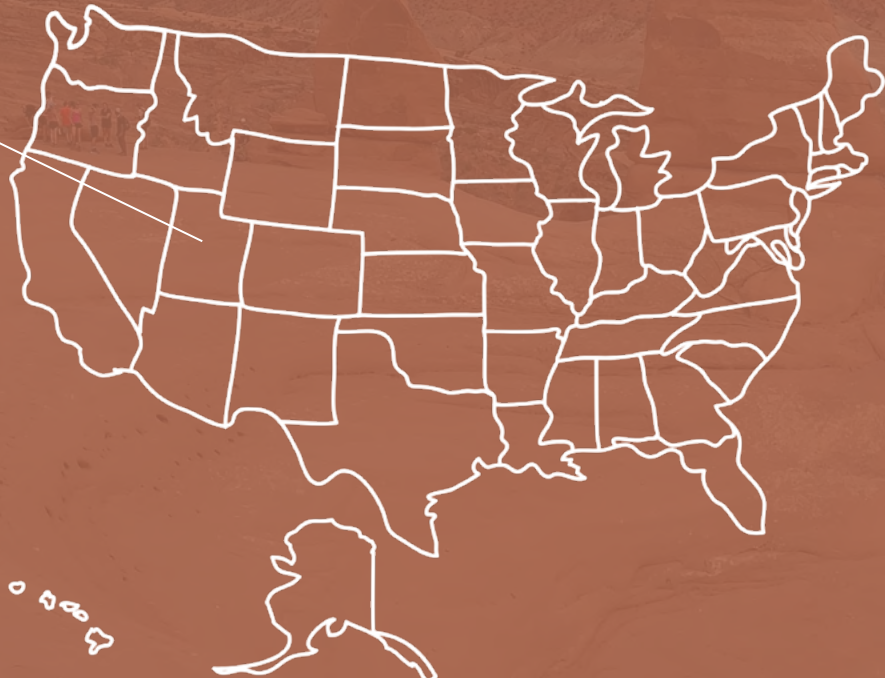
UNITED STATES

Abundant natural resources, indigenous communities with strong traditions being kept alive against the odds, and communities whose cultural landscapes are as diverse as their complex histories. Explore this land from Atlantic to Pacific and discover the cultural and natural tapestry that makes up the United States of America.

UTAH

HAWAII

ALASKA



UNITED STATES



PROGRAM SPOTLIGHT

HAWAII: MAUI SEA TURTLE MARINE CONSERVATION™

Animal & Wildlife Conservation

📅 10-DAY PROGRAM

📄 TUITION: \$5,599

🕒 SERVICE HOURS: 20

🏠 BEACHSIDE CABINS



On this program you will explore a side of Hawaii that most will never see as you work to preserve some of the world's most threatened wildlife. *Kānaka Maoli*, the indigenous population of Hawaii, had a unique way of dividing and protecting their islands. You will learn about the ahupua'a system and how sea life and turtle populations are impacted by human actions from mountain to sea. Learn all about the majestic honu, Hawaiian for sea turtle, as you help to restore their home and learn from the past to pave the way for future generations.



Understanding the connection between culture and environment is the first step to making positive change. Work alongside local cultural practitioners and environmentalists restoring sea turtle habitats.



Explore Maui's rich cultural heritage at a luau and talks with local cultural leaders. Watch endangered turtles bask in the sun as you gain firsthand knowledge of their nesting patterns.



Hike dormant volcanoes, surf Hawaiian waves, and sail the deep blue waters of the Pacific as you explore one of the world's most isolated island chains.



ALASKA: JUNEAU WILDERNESS & GLACIER ADVENTURE™

Environmental Stewardship

Explore remote Southeastern Alaska while supporting public land rebuilding efforts in the largest national forest system.

Program Highlights

- Live, work and play in the Tongass National Forest, the largest in the U.S. (by more than 11 million acres)
- Hike to Mendenhall glacier and explore the wildlife-rich waters around Juneau's ports
- Volunteer on trail building initiatives with a local organization
- Learn about Southeast Alaska's Native populations and their cultures
- Ferry to another small town for an overnight wilderness excursion

- 📅 14 Days
- 👤 Ages 14-18
- 🏠 Dorm-style
- 📷 \$6,499
- 🕒 30 service hours

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[Request Sample Itinerary](#)



HAWAII: MAUI SEA TURTLE MARINE CONSERVATION™

Animal & Wildlife Conservation

Criss-cross the island of Maui as you explore and protect sea turtle habitats while learning about Hawaii.

Program Highlights

- Protect endangered sea turtle habitats through beach clean-ups and restoration projects
- Snorkel and sail in the clear waters of the Pacific
- Learn how indigenous communities protected ecosystems from mountain to sea
- Visit Haleakala National Park, home to the world's largest dormant volcano
- Explore the famous Road to Hana and discover hidden waterfalls on this cliffside journey.

- 📅 10 Days
- 👤 Ages 14-18
- 🏠 Traditional bungalows
- 📷 \$5,599
- 🕒 20 service hours

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ARCHES, CANYONLANDS & THE COLORADO RIVER™

Environmental Stewardship

Designed with thrill seekers in mind, with a mix of meaningful community service and pulse-pounding adventure.

Program Highlights

- Go on an epic, multi-night river rafting expedition
- Explore picturesque Utah, spending half your time rafting and camping
- Support service and restoration efforts along the Colorado River
- Work with the National Forest Service amongst the aspens and pines of the beautiful La Sal mountains
- Hike through Arches National Park, famed for its more than 2,000 stunning natural stone/rock formations

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- 📅 10 Days
- 👤 Ages 14–18
- 🏠 Multiple
- 💰 \$4,499
- 🕒 20 service hours

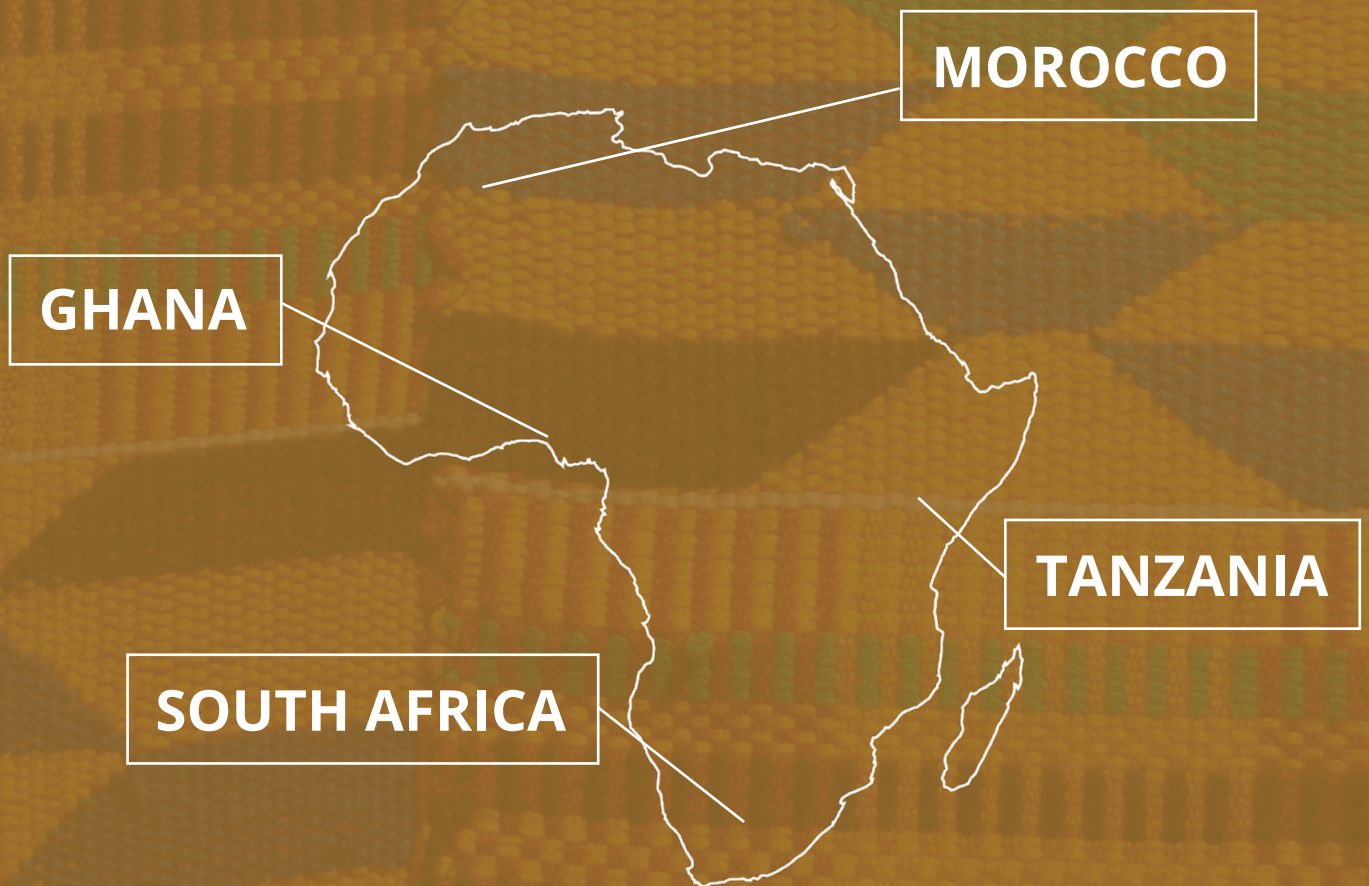
Check out more photos and videos of GLA programs in action on social media:





AFRICA

A vast and diverse continent awaits, teeming with the sounds of daily life. Stunning landscapes spill out across a multitude of cultural landscapes. From sunsets at the southernmost point to the smells of spices in the north, smiling faces welcome you to explore an Africa beyond your expectations.



AFRICA



PROGRAM SPOTLIGHT



SOUTH AFRICA: SAFARI & CONSERVATION EXPEDITION™

Animal & Wildlife Conservation

📅 14 & 21 DAY PROGRAMS

📄 TUITION: \$4,499-5,899

🕒 SERVICE HOURS: 32

🏠 MULTIPLE / TRADITIONAL
BUNGALOWS



On this program you will experience life in the quintessential South African reserve and learn about conservation on the front lines. You might spot Africa's "Big Five" in the region — lions, leopards, elephants, Cape buffalo and rhino. By night, you'll live at a rustic Home Base on the reserve, hearing traditional stories and learning about tribal culture. By day, shadow wildlife conservationists in the South African bush, go on game drives to observe animals and learn about sustainably preserving the region's endangered species.



Join professional conservationists in the field, assisting with habitat restoration efforts and wildlife monitoring.



Hear from experts in the field about the challenges facing preservation of various species such as elephants, giraffes, rhinos and major wild predators in the region.



Go on a bush safari and sleep under the stars accompanied by professional field guides.






GHANA: CHILDREN OF AFRICA™




Children & Education



Beating drums, children's laughter and warm greetings welcome you to become family in the heart of West Africa.

Program Highlights

- Develop educational resources that can be used to tutor children at a local primary school
- Help build and refurbish school facilities
- Discuss current social issues facing Ghana's women and children
- Hike to a beautiful waterfall
- Learn traditional African dance, batik fabric dyeing, drums and percussion
- Explore outdoor markets and visit historic sites

 14 & 21 Days
 Ages 14-18
 Enclosed Compound

 **21-Day Program**
 \$5,499
 60 service hours

14-Day Program
 \$3,899
 40 service hours

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
MOROCCO: CULTURAL KALEIDOSCOPE™

Community Development

Uncover the secrets of magical Morocco as you immerse yourself in unique spices, meaningful service, and smiles you'll never forget.

Program Highlights

- Volunteer at a summer camp for elementary school children
- Tour Marrakesh's famous medina & markets
- Hike at the foot of the Atlas mountains and take in incredible views of the mountains dotted with Berber villages
- Learn to cook tajine, the most popular Moroccan dish
- Engage in ten hours of Modern Standard Arabic instruction through an accredited language school

 14 Days
 Ages 14-18
 Multiple/Exclusive Hotel Block
 \$3,999
 20 service hours
 10 language hours

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[Request Sample Itinerary](#)



SOUTH AFRICA: SAFARI & CONSERVATION EXPEDITION™

Animal & Wildlife Conservation

Work on the front lines of wildlife conservation and learn to track, monitor and protect South Africa's most majestic animals.



Program Highlights

- Assist with ongoing rhino, giraffe, and African elephant conservation projects
- Track and monitor wildlife movement on a renowned reserve
- Spot Africa's "Big Five" wild animals
- Enjoy a bonfire as you camp under the stars
- Experience tribal culture and traditional storytelling
- Support the reserve's local community projects

📅 14 & 21 Days

👤 Ages 14-18

🏠 Multiple / Traditional Bungalows

📅 21-Day Program

🏠 \$5,899

🕒 32 service hours

📅 14-Day Program

🏠 \$4,499

🕒 32 service hours

[View Web Page & Dates](#)

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TANZANIA: CHILDREN'S EDUCATION ADVENTURE™

Children & Education

Explore the myth and magic of Tanzania, a Country of abundant wildlife, diverse ethnic groups and peaceful history.

Program Highlights

- Support and create education projects & build resources for a local school
- Volunteer on projects at a local primary school
- See zebras, lions, rhinos and more on an incredible African safari
- Spend an afternoon with a Tanzanian host family
- Spend a day among the Maasai nomadic warrior tribe (21- Day Flagship Program only)
- Learn African dance, percussion and batik cloth dyeing

📅 14 & 21 Days

👤 Ages 14-18

🏠 Enclosed Compound

📅 21-Day Program

🏠 \$6,599

🕒 45 service hours

📅 14-Day Program

🏠 \$4,899

🕒 30 service hours

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EUROPE

The civilizations of Europe have influenced the world far and wide, from ancient Greeks and Spanish explorers to the modern European Union. Dive in and discover a treasure trove of art, history, language and culture from across this eclectic continent.



EUROPE



PROGRAM SPOTLIGHT



SPAIN: SPANISH IN THE LAND OF DON QUIXOTE™

Language Immersion

📅 14 & 21 DAY PROGRAMS

💰 TUITION: \$4,999-\$6,999

🕒 SERVICE HOURS: 20-30

🏠 ENCLOSED COMPOUND

🗨️ 35 LANGUAGE HOURS



Travel to two cities in the heart of Spain, with rich histories that bring a unique taste of the country with each stop. Start your journey in Madrid, the Spanish capital. Then head to Toledo, where your Spanish immersion will truly begin and will make up the heart of your program experience. Discover more about Spain's literary history – including a visit to the windmills made famous in Cervantes' masterpiece work



You'll help Spanish children have better opportunities for the future by improving their English language skills.



Take your Spanish language learning to the next level with engaging classes taught by local teachers and myriad opportunities for rich cultural exchange.



Go kayaking and visit the Prado Museum. Enjoy an afternoon by the Alto Tajo River. Explore Toledo via scavenger hunt and take in the cityscape from above on an urban zipline.



GREECE: MYTHICAL CITIES & ISLANDS EXPEDITION™

Global Seminar

Explore Greece, from the ancient wonders of the world's most influential civilization, to the complexities of modern life.

Program Highlights

- Check out the ancient Acropolis of Athens citadel, a UNESCO World Heritage Site which includes the Parthenon and Temple of Athena and Nike
- Sail along the caldera of Santorini in a traditional wooden boat, just like a true argonaut
- Climb atop Nea Kameni, a famous volcano
- Dive deep into Greek mythology through site visits, guest speakers, and local lore
- Participate in community service to help support a meaningful local cause

- 📅 12 Days
- 👤 Ages 14-18
- 🏠 \$4,999
- 🕒 10 service hours
- 🏠 Exclusive Hotel Block

[View Web Page & Dates](#)

[Request Sample Itinerary](#)



SPAIN: SPANISH IN THE LAND OF DON QUIXOTE™

Community Development

Travel to Toledo and Madrid – the perfect setting for a full Spanish immersion experience in Castilla-La Mancha

Program Highlights

- Improve your Spanish through language immersion
- Walk the historic streets of Toledo, known as “the city of three cultures”
- Visit some of Madrid’s oldest restaurants on a tapas tour
- Go kayaking on the Alto Tajo River
- Help to run a summer English language camp for Spanish children
- Experience the history and world-renowned architecture of Barcelona (21-Day Program only)

- 📅 14 & 21 Days
- 👤 Ages 14-18
- 🏠 Enclosed Compound
- 🏠 21-Day Program
- 🏠 \$6,999
- 🕒 30 service hours
- 🗨️ 35 language hours

- 📅 14-Day Program
- 🏠 \$4,999
- 🕒 20 service hours
- 🗨️ 35 language hours

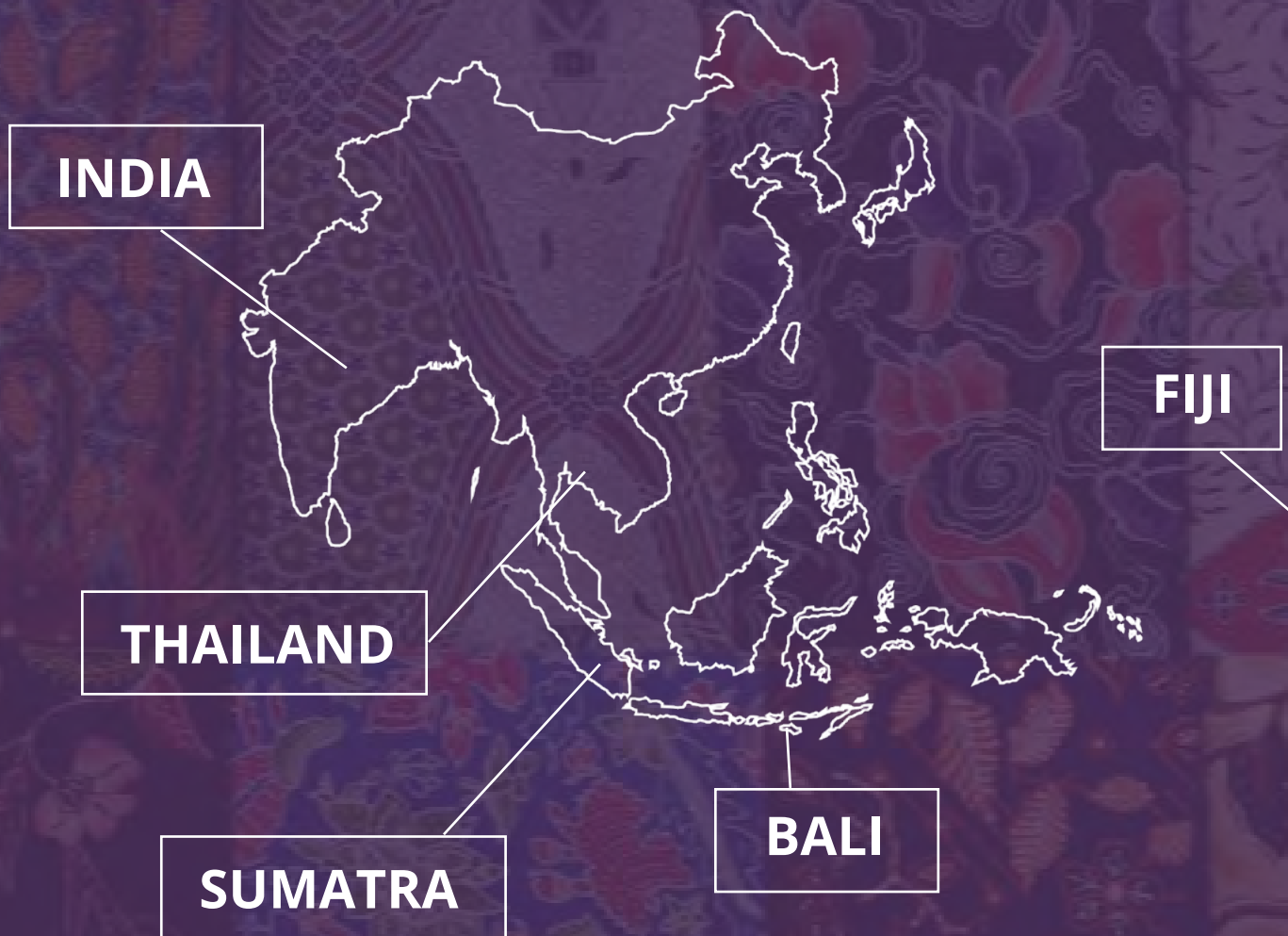
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[Request Sample Itinerary](#)



ASIA & THE PACIFIC

Embrace the world's most far-reaching continent, stretching from its European borders in the west to the islands and coastlines of the Pacific in the east. Ancient influences, distinct cultures, unparalleled landscapes and breathtaking biodiversity await you at every turn.



ASIA & THE PACIFIC



PROGRAM SPOTLIGHT



THAILAND: ISLAND MARINE EXCURSION™

Animal & Wildlife Conservation

 14-DAY PROGRAM

 TUITION: \$4,499

 SERVICE HOURS: 28

 EXCLUSIVE HOTEL BLOCK



On this program you will travel to a marine lover's dream destination, a tropical paradise known for its coral reefs, diverse marine life and idyllic diving locations. Focus on marine conservation during your time here: You'll learn from experts about marine biology and conservation, as well as the importance of environmental stewardship in sustaining Koh Tao's natural wonders. Observe marine beauty where it's most magical – underneath the water – as you dive into a Discover SCUBA course.



You'll support marine conservation efforts both in the water and on land. Learn about, help design and create artificial reefs to provide marine life an area in which to live and thrive.



Learn all about marine biology and conservation in Thailand. Hear about environmental changes that come from human activity and how you can support marine restoration efforts.



On Koh Tao, it's all about the water. You'll snorkel, kayak, SCUBA dive and spend plenty of time on the beach.



ISLAND HEALTH EXPEDITION™

Public Health & Medicine

Explore the intersection of modern medicine and indigenous wisdom as you lend a hand with community health projects.

Program Highlights

- Shadow and assist medical students during pop-up clinics
- Observe how public health systems are implemented in developing communities
- Visit a natural birth clinic aimed at reducing maternal and child mortality
- Design and deliver health education workshops for local youth
- Surf with locals on world-renowned waves in Southern Bali
- Snorkel over coral reefs
- Learn to SCUBA dive in turquoise waters

[View Web Page & Dates](#)

[Request Sample Itinerary](#)

- 📅 14 & 21 Day
- 👤 Ages 14-18
- 🏠 Enclosed Compound

📅 21-Day Program
 🏠 \$5,899
 ⌚ 36 service hrs

📅 14-Day Program
 🏠 \$4,399
 ⌚ 24 service hrs



EDUCATION & SUSTAINABILITY ADVENTURE

Children & Education

Immerse yourself in the indigenous culture of the "Island of the Gods," teach children at local Balinese schools and discover unexpected treasures on this stunning Pacific island.

Program Highlights

- Assist local teachers with their education objectives inside local Balinese schools
- Learn to scuba dive in turquoise waters
- Explore the island's spiritual culture through temple visits and activities
- Have dinner at the Royal Palace with the Prince of Ubud
- Surf with locals in Southern Bali, a world-class surf destination
- Be a friend and role model to the youngest generation

[View Web Page & Dates](#)

[Request Sample Itinerary](#)

- 📅 14 & 21 Days
- 👤 Ages 14-18
- 🏠 Enclosed Compound

📅 14-Day Program
 🏠 \$4,199
 ⌚ 24 service hours

📅 21-Day Program
 🏠 \$5,699
 ⌚ 36 service hours



SUMATRA: ORANGUTAN & CONSERVATION EXPEDITION™

Animal and Wildlife Conservation

Let the lure of adventure pull you in as you explore the lush jungles and rainforests of Sumatra, Indonesia's largest island and a wild and rugged destination.

Program Highlights

- Trek to encounter orangutans in the wild in one of their last remaining habitats
- Plant trees to aid reforestation of an orangutan habitat that was cleared for palm oil production
- Camp in the rainforest under the stars and let the sounds of the jungle lull you to sleep
- Teach English to local children with a focus on conservation and sustainability
- Build and distribute facilities for trash disposal to keep waste off the streets and out of the ocean

[View Web Page & Dates](#)

[Request Sample Itinerary](#)

- 📅 14 Days
- 👤 Ages 14-18
- 🏠 Ec lodge
- 📷 \$4,399
- 🕒 30 service hours



FIJI: RIDGE TO REEF SERVICE ADVENTURE

Community Development

Voyage to beautiful Fiji where powerful seeds of opportunity await your planting in this Pacific Paradise.

Program Highlights

- Connect with local village communities through meaningful service projects
- Learn about traditional Fijian dance, weaving and underground cooking
- Zipline in the heart of the Fijian jungle
- Experience Fijian culture from the highlands to coastal areas
- Discover unique island marine life while learning from experts in the field
- Snorkel along spectacular coral reefs teeming with colorful fish and marine life

[View Web Page & Dates](#)

[Request Sample Itinerary](#)

- 📅 14 & 21 Days
- 👤 Ages 14-18
- 🏠 Enclosed Compound
- 📅 14-Day Program
- 📷 \$4,999
- 🕒 30 service hours
- 📅 21-Day Program
- 📷 \$6,599
- 🕒 45 service hours



- 📅 21 Days
- 👤 Ages 14-18
- 🏠 Exclusive Hotel Block
- 🏷️ \$5,999
- 🕒 42 service hours

ELEPHANT & MARINE CONSERVATION ADVENTURE

Animal and Wildlife Conservation

Embrace Thai culture and support an organization working to provide wild elephants a safe corridor to fresh water.

Program Highlights

- Visit the bustling capital of Thailand, where you'll explore incredible temples and markets, and explore two islands including Phuket
- Float down a river into an elephant reserve
- Volunteer at a sanctuary for an endangered species of wild cattle, of which approximately only 120 exist in the world
- Learn what the life of a mahout is like at an elephant camp
- Take part in reforestation as you work at a tree nursery
- Learn to SCUBA dive in turquoise waters

[View Web Page & Dates](#)

[Request Sample Itinerary](#)



- 📅 14 Days
- 👤 Ages 14-18
- 🏠 Enclosed Compound
- 🏷️ \$4,399
- 🕒 30 service hours

ELEPHANT & EDUCATION INITIATIVE™

Animal and Wildlife Conservation & Children & Education

Split your time between working with gentle Asian elephants and teaching English to children.

Program Highlights

- Responsibly care for elephants living at a sanctuary for rescue elephants
- Learn about cultural, social and environmental issues related to elephant tourism
- Meet enthusiastic Thai youth and make a difference in their lives
- Volunteer and help with educational needs around a primary school classroom
- Visit colorful night bazaars filled with local cuisine and handicrafts

[View Web Page & Dates](#)

[Request Sample Itinerary](#)



THAILAND: ISLAND MARINE EXCURSION™

Environmental Stewardship

Gain hands-on experience with marine biology and conservation while living on tropical Koh Tao ("Turtle Island") in the south of Thailand.

Program Highlights

- Snorkel and kayak in crystal clear waters and get plenty of beach time
- Support artificial reef creation and environmental clean-ups
- Design and build an artificial reef to be deployed
- Gain insight on fundraising, social media usage and marketing from a local dive school
- Dive into a Discover PADI SCUBA diving course

- 📅 14 Days
- 👤 Ages 14-18
- 🏠 Exclusive Hotel Block
- 📺 \$4,499
- 🕒 28 service hours

[View Web Page & Dates](#)

[Request Sample Itinerary](#)

Check out more photos and videos of GLA programs in action on social media:





THE INITIATIVE FOR CHILDREN™





Children & Education

Make a difference in the lives of Indian youth as you discover authentic India, from the Taj Mahal to the royal city of Jaipur.

Program Highlights

- Live in the royal city of Jaipur, known as the “Pink City” for the distinctive color of its old city
- Create and build education resources and support infrastructure projects at local schools
- Take part in an Indian cooking lesson, dress workshops, and yoga sessions
- Explore the Golden Triangle - From Delhi , Agra to Jaipur, immerse yourself in the sounds and flavours of India
- Travel to the Taj Mahal, the world’s most famous monument to love

 14 & 21 Days
 Ages 14–18
 Exclusive Hotel Block

14-Day Program
 \$3,599
 45 service hours
21-Day Program
 \$5,399
 60 service hours

[View Web Page & Dates](#)

[Request Sample Itinerary](#)


Check out more photos and videos of GLA programs in action on social media:



GLOBAL IMPACT VIRTUAL INTERNSHIP

During this online internship program you will...

dive into a specific focus area, and gain experience as well as critical professional skills while working remotely with an international host organization from the non-profit sector. During the course of your experiential leadership and career development internship, the Global Leadership Adventures team will facilitate your learning and hands-on engagement. Communicate with GLA, fellow student interns and your host organizations via various digital platforms including Zoom and our own exclusive social platform. GLA will serve as the management, support and resource provider of the internship. Local organizations across several countries will serve as the 'host sites' (virtually) for the thematic content of the internships. The virtual internship itself will exist as a combination of a Core Curriculum (leadership and career development-focused classes) + a Focus Area curriculum (professional learning classes). Student interns are welcome to enroll in the virtual internship for Portland State University credit. You will be eligible to earn 4 quarter credits from PSU upon successful completion of the internship program.

 **6-WEEK PROGRAM**
AGES 14-19

- Online, part-time hours
- Available Summer 2023

[View Web Page & Dates](#)

[Request Sample Syllabus](#)


INTERNSHIP STRUCTURE

- 30 hours self-guided study & project work
- 24 hours of skill development
- 10 hours with host organization
- 2 hours final project presentation

REGISTRATION

- Register online:
experienceGLA.com/register

 **TUITION: \$1,999**

 **COMMUNITY SERVICE:**
Up to 20 hours

Core Curriculum (leadership and career development-focused classes):

The Core Curriculum is delivered through a series of leadership and career development workshops, with the goal of ensuring that all students come away with hard skills and verifiable technical competencies in a variety of areas. In addition, the Core Curriculum strives to help students hone and develop essential soft skills that can be applied in their future endeavors, whether academic or professional.



GLOBAL IMPACT VIRTUAL INTERNSHIP continued...

Focus Area (professional learning classes):

Students will choose from one of several available focus areas, which may change depending on the session dates you select for the Virtual Internship, as well as which host organizations we are working with during your session. These focus areas will guide the specific content of your internship as it relates to each theme, and may include:



Community Development



Animal & Wildlife Conservation



Environmental Stewardship



Social Justice



Public Health & Medicine



Children & Education

SKILLS ACQUIRED:

HARD SKILLS

- Brand Identity
- Project Management
- Investigation & Research
- Technology & Design
- Content Creation & Production
- Virtual Presentation Skills

SOFT SKILLS

- Adaptability & Flexibility
- Communication
- Growth Mindset
- Initiative & Self Drive
- Teamwork & Conflict Resolution
- Decision Making
- Innovation
- Cross-Cultural Competence
- Critical Thinking
- Reliability & Accountability

📅 SAMPLE WEEK SCHEDULE:

TUESDAY: Core Curriculum Session (2 hours)

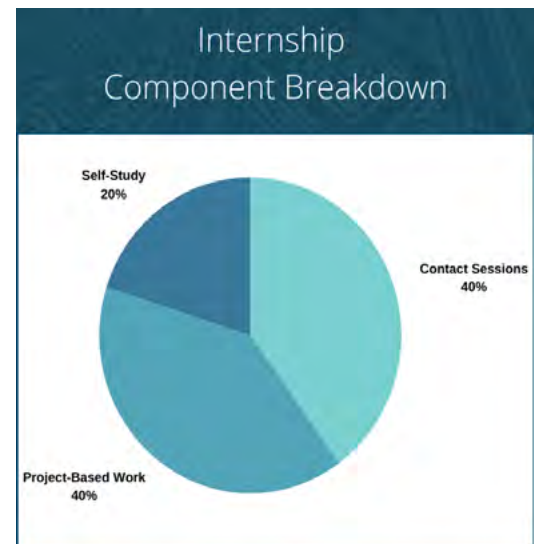
THURSDAY: Core Curriculum Session (2 hours)

SATURDAY: Focus Area Session (2 hours)

WEEKLY: Optional Office Hours

WEEKLY: Self-Guided Study and Project Work (≈ 5 hours)

**Monday/Wednesday core curriculum sessions are also available*





Expect the Unexpected

“Boarding the plane, I had no idea what to expect. I never knew that the three weeks I would spend on my GLA program would be the most rewarding, memorable and happy days of my life. I created lifelong friendships and was able to utilize the time I had to challenge myself to grow in every sense. The trip completely inspired me in the best way possible, and I took everything I gained from it back home with me.”

-CLARA | GLA DOMINICAN REPUBLIC STUDENT

The best way to approach a GLA travel program, or any experiential travel opportunity, is to expect the unexpected. Unlike a day at a theme park or on a cruise ship, your GLA experience may not match a lovingly crafted itinerary or hour-by-hour schedule. Activities change. Weather surprises. New community needs and availability arise and projects are adapted to reflect them. Don't let that make you anxious! In fact, at GLA we believe an unexpected change in plans makes our programs abroad among the most rewarding travel experiences you'll ever have.

Why? Because no two sessions of your chosen program, even those happening during the same season or year, are exactly alike. One student group might get lucky and spot sharks while snorkeling in the Galapagos, while another group in the USA may meet an influential local leader if her schedule suddenly clears up out of the blue. Meanwhile, sometimes a flight is delayed or rescheduled, weather patterns change and a thunderstorm moves in during the planned time for an outdoor activity, or an unexpected traffic jam causes a visiting speaker to miss their planned arrival window. In fact, any number of unexpected changes may happen. While we do our best to reschedule missed plans, in some cases we are not able to do so.

Not to worry! GLA's model means we have experts on the ground and at headquarters working hard year-round to make sure any change in plans is transformed from a missed activity into a wonderful opportunity to experience something new, different or eye-opening for all of our students.

Our Expectations

BE PRESENT

Our mission at GLA is “to inspire the next generation to realize their potential to transform the world and their role in it.” To that end, we expect GLA students to maintain high standards of personal behavior and to be open-minded. When traveling, the cultures you encounter may be different, sometimes shockingly so. GLA will challenge students as they are expected to work hard and be present physically and mentally for all activities. We also ask students to take a step back from regular use of technology on our travel programs - particularly their smartphones - so as to maximize their engagement with the program and their fellow participants. Students may get hot, dirty and bug-bitten along the way, but their contribution will transform the community. The goal is for each student to complete their program having had a life-changing experience.

NO TOLERANCE

Our Travel Programs for ages 14 - 18 have a no tolerance policy towards drugs, alcohol, tobacco and disruptive behavior. Those who violate or are suspected of violating this policy will be immediately dismissed from the program at the sole discretion of GLA staff.

COMMUNITY-LED EXPERIENCES

GLA makes every effort to offer well-thought-out programs crafted for teens and young adults. Detailed planning and exhaustive communications with partners are indispensable parts of our program development process. Occasionally, however, service and activities are adjusted from session to session, due to weather, changing needs of our local community partners and various cultural celebrations and customs. We expect participants to be open-minded and flexible, willing to embrace the experience when plans change. GLA makes every effort to communicate adjustments to students and families with advance notice. We expect you to be open-minded and flexible.

MENTORSHIP

GLA is not a therapy program. Our staff are highly skilled, professional, caring and fun, but they are not licensed therapists. GLA programs can be physically and emotionally demanding - applicants should be in good physical and mental health, as well as meet our Essential Eligibility Criteria, or EEC.

HOW TO REGISTER FOR VIRTUAL INTERNSHIPS

1 Visit our online registration portal.
[experienceGLA.com/register](https://www.experienceGLA.com/register)

2 Select the virtual program of your choice.
On the registration page, select the link for the virtual program offering you wish to register for, including the Global Impact Virtual Internship.

GLA's virtual programs, including the internship, have registration windows that open and close prior to the session start date. If your desired offering isn't available on the registration portal, please return at a later time or call us for more information.



3 Complete the online registration form and submit your payment.

Simply complete the form, including essay prompts and you will be registered for the session of your choice, pending availability and review. In order to submit payment, you will need to have a credit card available (Visa or MasterCard) to pay the registration fee and complete your enrollment. You may call us to submit payment over the phone at 1-858-771-0645 during office hours.

4 Be sure you meet our virtual program eligibility requirements

- Access to a desktop computer or laptop with reliable internet
- Working web camera and microphone for virtual course participation
- Active email address to communicate with the GLA team
- Ability to commit to the full course schedule
- English language proficiency

Refund Policy

Global Leadership Adventures has a detailed refund policy available at: www.experiencegla.com/faq-tuition/

*GLA Virtual Programs do not require an application fee or deposit at this time. Please review the Refund Policy webpage listed above for full details as well as Terms & Conditions.

✈️ HOW TO APPLY FOR TRAVEL PROGRAMS

1 Visit our online application portal.
experienceGLA.com/apply

2 Hold your space in the program of your choice.
Make your program selection and complete the Contact Information section. Submitting the deposit and application fee using our secure online system (Visa or MasterCard) holds your spot on the program as you complete the remaining steps of the application. You may also mail a check to Global Leadership Adventures or call +1 858-771-0645 during office hours to pay by phone.

3 Complete the online application.
Part of the application process is for you to reflect on yourself as an applicant. Complete a brief series of short answer essay questions and a self-evaluation, which help us get to know your motivation for going on a GLA program. This also ensures that your interests are aligned with what the program offers. Finally, complete a medical questionnaire, which helps us prepare to accommodate for pre-existing conditions, food allergies and other safety- and health-related considerations.

A completed application includes:

- APPLICATION FEE
- DEPOSIT
- SHORT ANSWER ESSAY QUESTIONS
- SELF-ASSESSMENT
- SIGNED AGREEMENT FORMS
- MEDICAL QUESTIONNAIRE

We review completed applications in 3-5 business days, and notify students of final decisions by email. If you do not have access to a computer, please contact us for alternative application options.



Refund Policy

Global Leadership Adventures has a detailed refund policy available at: experienceglA.com/policies/refund-policy/

*All refunds exclude the application fee and deposit for your travel program. Please review the Refund Policy webpage listed above for full details as well as Terms & Conditions.



Need more information to enroll?

Here are several ways for you to learn more about our programs.



CALL OR TEXT US:
+1 858-771-0645

Our Admissions Team is here to help! We have staffed and visited GLA programs, and are available during office hours to answer your questions or find the perfect program.



EMAIL US:
INFO@EXPERIENCEGLA.COM

We get it. Sometimes you don't want to speak with someone to have a question answered or to communicate with one of our Enrollment Specialists. Feel free to email us anytime.



**ATTEND A WEBINAR OR
ALUMNI OPEN HOUSE**

Join us on a webinar or Q&A session and learn everything you need to know about the GLA experience. Or meet one of our alumni families and get the student/parent perspective on our programs: experienceGLA.com/events



**CONNECT WITH US
ON SOCIAL MEDIA**

Join one of our student or parent Facebook groups to interact with GLA participants and alumni. And follow us on Instagram @GLAteens to view photos and videos of our programs in-action.



**SUMMER
SPRINGBOARD®**
Look Inward. Go Upward.

Pre-College Programs for Teens



Founded with a similar mission to inspire and serve the next generation of high school students, Summer Springboard is one of GLA's sister organizations.

Summer Springboard programs help prepare students prior to university by increasing their self-awareness through meaningful immersion and engagement at campuses across the United States. The goal is for students to make decisions about college selection, academic majors, and careers that reflect their personal vision for success.

GLA alumni looking for a domestic summer program focused on their future college or career paths should consider enrolling in an SSB program.

High School & Middle School Programs

On Campus & Online

summerspringboard.com

info@summerspringboard.com

(858) 780-5660



Discover Corps
Unforgettable Vacations With Purpose

Started by GLA co-founded and Returned Peace Corps Volunteer Andrew Motiwalla, Discover Corps is one of Global Leadership Adventures' sister organizations, inviting adults and families to travel together in a meaningful way.

Travelers embrace the spirit of the discovery by taking a trip based in purposeful projects, ranging from immersive cultural engagement to wildlife interaction. Trips are available year-round, and allow GLA alumni, friends and their families to experience another country in a way that aligns with GLA's core values and shares our outlook on building connections abroad.

The vision? Spontaneous, authentic, and unforgettable experiences.



For Adults and Families

discovercorps.com

info@discovercorps.com

(619) 758-3030



At **Teen Travel Network**, teens have the unique opportunity to see and learn about the most iconic places on Earth.

Student travelers are invited to explore new ideas and confront global challenges, all while having fun and meeting core learning objectives tailored to their travel. Programs are offered worldwide, including destinations across Europe, Asia and the Americas.

From locally-led experiences to thoughtful group discussions, students will see firsthand how immersive travel is not just about a place, it's about people. Consider how the connections you form with your travel companions will stay with you after your journey.



For Teen Travelers and Global Citizens

teentravelnetwork.com

info@teentravelnetwork.com

(858) 771-0645



BEYOND SPORTS

Beyond Sports operates international programs for athletes from all sports, all levels. Individual athletes from all over the US come together to play games against local teams.

These are competitive programs for collegiate and high school athletes. We create mutually-beneficial opportunities for US student-athletes, international athletes, and international youth to enjoy a life-changing cross-cultural experience through sport.

Compete in a sport that you love, all while having an unforgettable journey overseas and making new friends.

High School & Collegiate Programs

beyondsportstours.com

info@beyondsportstours.com

(858) 771-0645

COVID-19: Risk Management & Precautions

Commitment to Health and Safety for All

The safety of students, staff, and local communities remains our highest priority and all program operations will be done carefully and intentionally. Global Leadership Adventures is committed to program operations in a safe, responsible and sustainable way.

We have constructed our guidelines and recommendations from guidance from the CDC and WHO, as well as our Medical Director. In each destination GLA follows guidelines as mandated by local governments.

Additionally, we meet bi-weekly with other industry providers to collaborate and ensure our policies remain in line with industry standards. Policies are developed and continuously reviewed to ensure every element of our operations are thoroughly assessed prior to and during any program experience. Here are a few of our best-in-class standards in place for all departures:

✓ *Extensive Staff Training*

We have developed extensive Covid-19 health and safety guidelines which outlines every element of our pre, during, and post program processes. All staff will go through a thorough Covid-19 Health and Safety Training prior to programming, and will be heavily supported by our Risk Management team while programs are running to ensure compliance.

✓ *Complying with Local Regulations and Recommendations*

First and foremost, we will comply with all local regulations and inform all travelers of additional regulations prior to departure.

✓ *Preventive Planning*

Itineraries will be adjusted to provide students with the safest experience within our control at the time of operation. Programs with traditionally high levels of community interaction may be updated to limit or remove community contact all together. These adjustments will be done to protect both the community and the group. GLA will inform families of the expected itinerary prior to the program start date and as changes necessitate.



Check out our Country & Program Session Status Boards for the latest updates on the likelihood of program operations in particular destinations:
experiencegla.com/safety/status

✓ *Thorough Risk Assessments*

Prior to travel, every location will go through a thorough risk assessment to ensure it is within our standards for operation during the time of Covid-19. We will assess local case counts and transmission rates, the status of the local community which we plan to visit, as well as our abilities to uphold our stringent safety standards for the duration of the program.

✓ *Group Commitment to Safety*

The overall health of the group is dependent on each person's commitment to their personal health and well being before and during the program. In 2023, though strongly advised, it is not required for students to be fully vaccinated. 10 days prior to departure, we ask that all students refrain from large group gatherings, followed by a negative Covid-19 rapid antigen test 24 hours before coming on the program. This ensures the entire group is starting out on the right foot.

✓ *Health Checks*

Our staff will meet with students individually at the beginning of the program to discuss their health and well-being. Daily health checks will take place throughout the program to ensure that no one in the group is showing symptoms of fever or any other illness. Students will also be instructed to inform staff of any other symptoms, should they arise.

✓ *Enhanced Hygiene, Sanitation & Cleaning*

We will operate as a Travel Pod when in the community, which means the entire group will wear masks when outside of the Home Base -- in the local community for service or other activities -- and practice physical distancing when a distance of 6 feet is not able to be maintained outdoors and any time indoors. Sanitizer and/or hand soap will be made available before and after activities and all meals.

✓ *Constant Evolution*

We are committed to making informed decisions that make the health and safety of all parties a priority. We give you our promise that we will remain transparent and honest in our communication to you as changes arise. In return, we ask for your flexibility and trust that any adjustments we make to our policies or the program experience is rooted in our responsibility to keep you and our local communities as safe as possible as we embark back into the world together.



Please see our Safety & Risk Management webpage for the latest updates:
experienceGLA.com/safety



Apply Online

www.experienceGLA.com/apply

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Questions? Call or e-mail us.

+1 858 771 0645 | [info@experienceGLA.com](mailto:info@experienceGLA.com)

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